

A woman is hiking up a trail, carrying a young child in a backpack. She is wearing a purple patterned tank top, dark shorts, and green leggings. She is using two trekking poles. The background shows a scenic view of mountains under a blue sky with light clouds.

EXPERTISE IS EVERYTHING FOR | Hip

We Are Leaders in Hip Care

Although you might associate hip pain and mobility issues as something that occurs with age, hip issues can happen at any age. Hip pain can be a result of issues with your muscles, ligaments, tendons, and other soft tissue surrounding the hip joint.

The hip joint is a ball-and-socket joint, the largest joint in the body and plays a big role in daily movement. However, both age and use can wear the cartilage down resulting in damage. You might feel hip pain in your thigh, buttocks, groin, or in the inside or outside of the hip joint.

If you're experiencing pain around your hip joint that gradually gets worse, results in persistent stiffness, or a decreased range of motion, UBMD Orthopaedics & Sports Medicine can help.



We'll handle your injury with care.

Our board-certified physicians will assess your hip injury and develop a treatment plan appropriate for your specific needs. Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons and physicians of the future and conducting cutting-edge research that translates into new medical devices, treatment and care.

Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. For expert evaluation and treatment – trust **UBMD Orthopaedics & Sports Medicine**.

Our Expert Team

SURGICAL

Mark J. Anders, MD

Trauma Surgery, Joint Replacement & Reconstruction,
General Orthopaedics

Geoffrey A. Bernas, MD, FAAOS

Sports Medicine, Knee & Shoulder Arthroscopy,
Hip Arthroscopy & Reconstruction

Evgeny A. Dyskin, MD, PhD, FAAOS

Trauma Surgery, Joint Replacement & Reconstruction,
General Orthopaedics

Joseph B. Kuechle, MD, PhD

Orthopaedic Oncology, Lower Extremity Joint
Replacement & Reconstruction, Trauma Surgery

Brian E. McGrath, MD

Lower Extremity Joint Replacement & Reconstruction,
Hip Arthroscopy & Reconstruction

Christopher E. Mutty, MD

Lower Extremity Joint Replacement & Reconstruction

Matthew J. Phillips, MD

Lower Extremity Joint Replacement & Reconstruction

Sridhar R. Rachala, MD

Lower Extremity Joint Replacement & Reconstruction

Kevin Schauer, MD

Pediatric Orthopaedics, Pediatric Sports Medicine,
Hip Preservation & Arthroscopy

Andrew P. Stegemann, DO

Lower Extremity Joint Replacement & Reconstruction

NON-SURGICAL

Jesse G. Fodero III, MD

Primary Care Sports Medicine,
UB Concussion Management Clinic

Michael S. Freitas, MD, MSPT

Primary Care Sports Medicine,
UB Concussion Management Clinic

Rajiv K. Jain, MD

Primary Care Sports Medicine,
UB Concussion Management Clinic

Jorden T. Komm, MD

Primary Care Sports Medicine,
UB Concussion Management Clinic

Heidi N. Suffoletto, MD, FACEP

Primary Care Sports Medicine,
UB Concussion Management Clinic

PEDIATRIC

Allison S. Binkley, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Jeremy P. Doak, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine,
Hip Arthroscopy

Michael R. Ferrick, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Proud Partners of:



UB MD ORTHOPAEDICS
& SPORTS MEDICINE

A MEMBER OF



Urgent. Orthopaedic. Experts.
UB ORTHOCARE

716.204.3200
ubortho.com



LEARN MORE

Trusted Orthopaedic Care for **Bones. Joint. Muscles. Concussions.**

Buffalo | Depew | Niagara Falls | Orchard Park | Williamsville