



NFLPA

2026-27 TRACTION & FLEXION SCORES

ADIDAS: MOLDED

	MODEL	PLATE	SYNTHETIC TURF TRACTION <small>Higher Score - Better Release¹</small>	FLEXION <small>Higher Score - More Flexion Support</small>
SPEED <small>(225 lbs. max)²</small>	 Adizero Electric+ II	 Generative Sprintframe	 82	41
	 Adizero Electric II	 Generative Sprintframe	 82	44
	 Adizero Electric II Wide	 Adizero '21	 98	50
	 Adizero Electric+ II Wide	 Adizero '21	 98	25
	 Adizero Electric.1 II	 Adizero '21	 98	47
	 Adizero Electric.2 II	 Spark	 66	64
	 Adizero Horizon	 SEPR8	 90	51
	 Adizero Strung 40	 Generative Sprintframe	 82	42
HYBRID <small>(290 lbs. max)²</small>	 Adizero Impact II	 Impact (2025)	 66	31
	 Adizero Impact II Wide	 Freak	 51	77
	 Adizero Impact+ II	 Impact (2025)	 66	44
	 Adizero Impact+ II Wide	 Freak	 51	54
	 Samba	 Freak	 51	58
	 AE1 TPU	 Freak	 51	53
	 Forum	 Freak	 51	39
	 Ultraboost	 Freak	 51	87
POWER <small>(A11)²</small>	 Adizero Chaos II	 Impact (2025)	 66	42
	 Adizero Chaos II 2E	 Fly Wide	 47	37
	 Adizero Chaos II 4E	 Fly Wide	 47	34
	 Adizero Chaos II Torsion 2E	 Torsion MD	 67	60

The traction score is based on the cleat pattern's release characteristics during laboratory tests on synthetic turf. The flexion score is based on the bending resistance of a cleat when flexed to a potentially injurious level. While these scores have not been correlated with on-field injury rates, a higher score is considered better laboratory performance in both tests. Players should select footwear specifically designed for the needs of American football.

¹ Traction scores are not given for detachable cleats because they are not intended for use on synthetic turf.

² Recommended weight.



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ADIDAS: DETACH

MODEL

PLATE¹

FLEXION
Higher Score - More Flexion Support



Adizero Electric+



Sprintframe Detach

88



Adizero Electric



Sprintframe Detach

63



Adizero Impact+ II



Sprintframe Detach

104



Adizero Impact II



Sprintframe Detach

82



Adizero Chaos II



Sprintframe Detach

85

SPEED
(225 lbs. max)²

HYBRID
(290 lbs. max)²

POWER
(A11)²

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2026-27 TRACTION & FLEXION SCORES

NIKE: MOLDED

	MODEL	PLATE	SYNTHETIC TURF TRACTION <small>Higher Score - Better Release¹</small>	FLEXION <small>Higher Score - More Flexion Support</small>
SPEED <small>(225 lbs. max)²</small>	 Zoom Air Vapor Elite 1	 Vapor '25	■■■■■ 100	43
		 Vapor '25 Wide	■■■■■ 92	44
	 Zoom Air Vapor Pro 1	 Vapor '25	■■■■■ 100	31
		 Vapor '25 Wide	■■■■■ 92	38
	 Vapor Edge Speed 3	 Vapor '25	■■■■■ 100	33
		 Vapor '25 Wide	■■■■■ 92	34
HYBRID <small>(265 lbs. max)²</small>	 Alpha Menace Elite 5	 Menace '26	■■■□ 73	50
		 Menace '26 Wide	■■■□ 52	38
	 Alpha Menace Pro 5	 Menace '26	■■■□ 73	54
		 Menace '26 Wide	■■■□ 52	46
POWER <small>(275+ lbs.)²</small>	 Alpha Menace Strong	 Savage 3	■■■■■ 100	51
	 Alpha Menace Strong Shark	 Shark	■■■□ 63	75

The traction score is based on the cleat pattern's release characteristics during laboratory tests on synthetic turf. The flexion score is based on the bending resistance of a cleat when flexed to a potentially injurious level. While these scores have not been correlated with on-field injury rates, a higher score is considered better laboratory performance in both tests. Players should select footwear specifically designed for the needs of American football.

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2026-27 TRACTION & FLEXION SCORES

NIKE: DETACH

	MODEL		PLATE ¹	FLEXION <small>Higher Score - More Flexion Support</small>
SPEED <small>(225 lbs. max)²</small>		Zoom Air Vapor Elite 1		Vapor '25 Detach 34
				Vapor '25 Wide Detach 34
		Zoom Air Vapor Pro 1		Vapor '25 Detach 47
				Vapor '25 Wide Detach 29
		Vapor Edge Speed 3		Vapor '25 Detach 47
				Vapor '25 Wide Detach 49
HYBRID <small>(265 lbs. max)²</small>		Alpha Menace Elite 5		Menace '26 Detach 51
				Menace '26 Wide Detach 49
		Alpha Menace Pro 5		Menace '26 Detach 47
				Menace '26 Wide Detach 61
POWER <small>(275+ lbs.)²</small>		Alpha Menace Strong		Savage 3 Detach 40

The traction score is based on the cleat pattern's release characteristics during laboratory tests on synthetic turf. The flexion score is based on the bending resistance of a cleat when flexed to a potentially injurious level. While these scores have not been correlated with on-field injury rates, a higher score is considered better laboratory performance in both tests. Players should select footwear specifically designed for the needs of American football.

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² Recommended weight.



2026-27 TRACTION & FLEXION SCORES

UNDER ARMOUR: MOLDED

	MODEL	PLATE	SYNTHETIC TURF TRACTION <small>Higher Score - Better Release¹</small>	FLEXION <small>Higher Score - More Flexion Support</small>
SPEED <small>(235 lbs. max)²</small>	 Spotlight Icon Low	 Spotlight Pro	 98	64
	 Blur Pro	 Blur Pro	 48	40
HYBRID <small>(265 lbs. max)²</small>	 Spotlight Pro	 Spotlight Pro	 98	67
	 Spotlight Suede Pro	 Spotlight Pro	 98	60
POWER <small>(Over 265 lbs)²</small>	 Spotlight Mid	 Hammer	 85	46
	 Spotlight Mid Wide	 Spine Wide	 82	54

The traction score is based on the cleat pattern's release characteristics during laboratory tests on synthetic turf. The flexion score is based on the bending resistance of a cleat when flexed to a potentially injurious level. While these scores have not been correlated with on-field injury rates, a higher score is considered better laboratory performance in both tests. Players should select footwear specifically designed for the needs of American football.

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² Recommended weight.