

Plan Type	Insurance Company Name	Participation Status	Additional Information
Commercial	Aetna	Participate	
	Blue Cross Blue Shield	Participate	
	CHAMPVA	Not Contracted	UBMD ORTHO accepts
	GHI	Participate	
	Empire Plan	Participate	
	Independent Health	Participate	
	Lifetime Benefit Solutions	Participate	
	Martin's Point	Not contracted	
	Mertitain Health Inc	Participate	
	NOVA	Participate	
	POMCO	Not contracted	
	Tricare	Not Contracted	Standard/not Prime plans
	United Health Care	Not Contracted	UBMD Ortho will NOT accept as of 3/1/2026. Will be considered out of network
Univera	Participate		
Exchange	Blue Cross Blue Shield	Participate	
	Fidelis	Provider Specific	Please check with office
	Independent Health	Participate	
	Univera	Participate	
Medicare/Medicare Advantage Plans	Aetna	Participate	
	Blue Cross Blue Shield	Participate	
	Fallon Health	Participate	
	Fidelis	Provider Specific	Please check with office
	Independent Health	Participate	
	Medicare	Participate	
	Martin's Point Generations	Not contracted	
	Railroad Medicare	Participate	
	Todays Options	Not contracted	UBMD ORTHO accepts
	United Health Care	Not Contracted	UBMD Ortho will NOT accept as of 3/1/2026. Will be considered out of network
Univera	Participate		
Wellcare	Participate	Not accepting NEW patients	
Medicaid/Managed Medicaid Plans	Blue Cross Blue Shield	Participate	
	Fidelis	Provider specific	Please check with office
	Independent Health	Participate	
	Medicaid	Provider specific	Please check with office
	United Health Care	Not Contracted	UBMD Ortho will NOT accept as of 3/1/2026. Will be considered out of network
Univera	Provider Specific	Please check with office	
Workers Compensation		Accepts	
	US Department of Labor		Not accepting NEW patients
No-Fault	New York State No-Fault	Accepts	

*Plans/participation are subject to change*

*Insurances not listed would be considered OUT of Network*