



EXPERTISE IS EVERYTHING FOR | Knee

We Are Leaders in Knee Care

Your knee is the largest joint in your body making it one of the most complex. Because your knees get so much use, they are vulnerable to injury. And since they are made up of so many parts, a number of things can go wrong.

At **UBMD Orthopaedics & Sports Medicine**, our staff specializes in the treatment of the following knee problems:

- Cartilage defects
- Ligament injuries
- Meniscal tears
- Osteoarthritis

Get Back in Motion

If you've experienced pain, swelling or the feeling that your knee is giving way, you should visit **UBMD Orthopaedics & Sports Medicine**. Knee injuries, whether sudden or the result of years of wear, can be repaired multiple ways. Our goal is always to regain motion and stability.

Full Range of Services and Treatment Options

Many times, relieving pain and discomfort can be solved by surgery, exercise, training or simple therapy. The **UBMD Orthopaedics & Sports Medicine** experts have mastered techniques used to repair knee injuries and treat arthritic joints.

Non-surgical Treatments:

- Anti-inflammatory medications
- Dietary supplements
- Exercise programs
- Physical therapy
- Platelet rich plasma therapy (PRP)
- Steroid injections
- Viscosupplementation injections
- Weight loss programs

Surgical Treatments:

- ACL reconstruction
- Arthroscopy
- Autologous chondrocyte implantation
- Joint replacement
- Meniscal surgery
- Osteoarticular auto/allograft (OATS/Mosaicplasty)
- Osteotomy
- Patellar instability surgery

Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons and physicians of the future and conducting cutting edge research that translates into new medical devices, treatment and care.

Our Expert Team

SURGICAL:

Mark. J Anders, MD

Trauma Surgery, Joint Replacement & Reconstruction, General Orthopaedics

Geoffrey A. Bernas, MD

Sports Medicine, Knee, Shoulder & Hip Arthroscopy

Leslie J. Bisson, MD

Sports Medicine, Knee & Shoulder Arthroscopy

Clayton L. Del Prince, MD

Sports Medicine, Knee & Shoulder Arthroscopy, General Orthopaedics

Evgeny A Dyskin, MD, PhD

Trauma Surgery, Joint Replacement & Reconstruction, General Orthopaedics

Marc S. Fineberg, MD, FAAOS

Sports Medicine, Knee & Shoulder Arthroscopy

Joseph B. Kuechle, MD, PhD

Orthopaedic Oncology, Lower Extremity Joint Replacement & Reconstruction, Trauma Surgery

Brian E. McGrath, MD

Lower Extremity Joint Replacement & Reconstruction, Hip Arthroscopy & Reconstruction

Christopher E. Mutty, MD

Lower Extremity Joint Replacement & Reconstruction

Matthew J. Phillips, MD

Lower Extremity Joint Replacement & Reconstruction

Sridhar, R. Rachala, MD

Lower Extremity Joint Replacement & Reconstruction

Michael A. Rauh, MD

Sports Medicine, Knee & Shoulder Arthroscopy

Andrew P. Stegemann, DO

Lower Extremity Joint Replacement & Reconstruction

William M. Wind, Jr., MD

Sports Medicine, Knee & Shoulder Arthroscopy

NON-SURGICAL:

Jesse G. Fodero III, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Michael S. Freitas, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Rajiv K. Jain, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Jorden T. Komm, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Heidi N. Suffoletto, MD, FACEP

Primary Care Sports Medicine, UB Concussion Management and Research Center

PEDIATRIC:

Allison S. Binkley, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Michael R. Ferrick, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Jeremy P. Doak, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine, Hip Arthroscopy & Reconstruction

Proud Partners of:



UB MD ORTHOPAEDICS
& SPORTS MEDICINE

A MEMBER OF



UB MD
PHYSICIANS GROUP

UB ORTHOCARE
Urgent. Orthopaedic. Experts.

716.204.3200
ubortho.com



LEARN MORE

Trusted Orthopaedic Care for **Bones. Joint. Muscles. Concussions.**

Buffalo | Depew | Niagara Falls | Orchard Park | Williamsville