



**EXPERTISE IS
EVERYTHING FOR**

Hand & Upper Extremity

We Are Leaders in Hand Care

We use our hands for so much. It's tough to imagine not being able to lift an object or grab something because of a hand injury. About a quarter of the motor cortex in the human brain – the part of the brain which controls all movement in the body – is devoted to the muscles of the hands.

Hand conditions can range in complexity when it comes to a remedy. Some issues can be resolved with regular physical therapy, while other problems may require surgery. Our physicians perform a wide range of surgical procedures to address injuries or other conditions that affect the hand or other upper extremities including surgeries for:

- Shoulder
- Wrist
- Hand arthroplasty
- Minimally invasive surgeries, including endoscopic carpal tunnel release and wrist surgery

We'll handle your injury with care.

Our hands are one of the most complex parts of the body and one of the most common places for injuries and issues. We offer several treatment options including:

- Activity modification
- Arthroplasty
- Casting
- Dupuytren's Contracture
- Endoscopic carpal tunnel release
- Joint replacement
- Medication
- Micro-surgery
- Occupational therapy
- Physical therapy
- Splinting

Our staff specializes in the treatment of the following hand ailments:

- Arthritis
- Carpal tunnel syndrome
- Fractures
- Free tissue transfers
- Hand tumors
- Muscle and skin flaps
- Nerve injuries
- Osteoarthritis
- Overuse injuries
- Repetitive injuries
- Replantation
- Rheumatoid arthritis
- Sports injuries
- Tendonitis
- Tendon injuries
- Trauma
- Trigger finger
- Wrist pain

Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. For expert evaluation and treatment – trust **UBMD Orthopaedics & Sports Medicine**.

Our Expert Team

SURGICAL:

Robert H. Ablove, MD

Hand and Upper Extremity Surgery

Matthew A. Albanese, MD

Hand and Upper Extremity Surgery

Ross F. Cole, MD

Hand and Upper Extremity Surgery

Joshua L. Jones, MD

Hand and Upper Extremity Surgery

Lindsay R. Kosinski, MD

Hand and Upper Extremity Surgery

PEDIATRIC:

Allison S. Binkley, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Jeremy P. Doak, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine, Hip Arthroscopy & Reconstruction

Michael R. Ferrick, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

NON-SURGICAL:

Jesse G. Fodero III, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Michael S. Freitas, MD, MSPT

Primary Care Sports Medicine, UB Concussion Management and Research Center

Rajiv K. Jain, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

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Primary Care Sports Medicine, UB Concussion Management and Research Center

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