



# EXPERTISE IS EVERYTHING FOR | Elbow

## We Are Leaders in Elbow Care

The elbow is a complex joint that helps move and position your hand. There are several conditions that can cause elbow pain including tendonitis, arthritis, fractures and instability. Our board-certified physicians are experts in both operative and non-operative treatments for elbow conditions to help you recover a full range of motion, reduce or eliminate pain and help you return to your normal activities.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for elbow conditions.

- Elbow arthroscopy
- Fracture care & surgery
- Instability surgery
- Ligament reconstruction
- Physical therapy

## Life Moves

### We make sure you do too

Many patients are seeking treatment for elbow injuries, pain and general discomfort. Injuries to the elbow can happen anywhere – at work, at home or on the field. We assess and properly treat all elbow injuries – getting patients back to living an active lifestyle.

Elbow injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming or tennis or everyday activities like washing a car or gardening.

## Our staff specializes in the treatment of the following elbow problems:



- Arthritis
- Dislocation
- Golfer's Elbow
- Fractures
- Impingement
- Inflammation
- Instability
- Nerve Compression
- Osteoarthritis
- Tendonitis
- Tennis elbow

