

# We Are Leaders in Foot & Ankle Care

Foot and ankle injuries are among the more common orthopaedic injuries we treat. Injuries can happen anywhere – at work, at home or on the field. Whether it's a foot fracture, an ankle sprain or a need for braces or orthotics, we assess and properly treat all foot and ankle injuries – getting patients on their feet and back to living an active lifestyle.

At UBMD Orthopaedics & Sports Medicine our staff has expertise in the treatment of foot and ankle problems including:

- Ankle replacements
- Charcot foot reconstructions
- Chronic pain
- Disability evaluations
- Foot surgery
- Gait analysis
- Orthotics
- Pediatric and adolescent conditions
- Sports injuries
- Tendon repairs
- Trauma
- Walking and running biomechanics
- Workplace injuries/workers compensation

## We Keep You Moving

Our team will help provide relief for foot and ankle injuries and ailments using the most sophisticated methods of treatment available.

Before you risk further injury, these helpful tips will have you enjoying a more active lifestyle with proper athletic foot care

- Wear only good-quality, well-fitting sport socks.
- Always use the correct shoe for each sport and surface.
- Footwear should be given the same consideration as other sporting equipment.
- Sports shoes should be protective, durable and right for the sport and surface.
- If running, shoes should have adequate midsole cushioning and a flared heel for stability.
- Get in shape being overweight places added stress on the feet.
- Condition yourself gradually with "warm-up" and "warm-down."

### **Patient Testimonial**

"I have been a patient in your Orchard Park office for less than a year. It's been life-changing for me! Dr. Gurske remade my ankle and has allowed me to aim for the life I had before my ankle was broken almost 3 years ago."

## Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care.

## **Our Expert Team**

#### **SURGICAL:**

Susan M. Daoust, MD Foot & Ankle Surgery, Trauma Surgery

Jennifer Gurske-dePerio, MD Foot & Ankle Surgery

Erik Freeland, DO
Foot & Ankle Surgery, Trauma Surgery

Christopher A. Ritter, MD Foot & Ankle Surgery, Trauma Surgery

Bernhard J. Rohrbacher, MD Foot & Ankle Surgery

#### **PEDIATRIC:**

Allison S. Binkley, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

Jeremy P. Doak, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine, Hip Arthroscopy & Reconstruction

Michael R. Ferrick, MD

Pediatric Orthopaedics, Scoliosis & Sports Medicine

#### **NON-SURGICAL:**

Jesse G. Fodero III, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Michael S. Freitas, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Rajiv K. Jain, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Jorden T. Komm, MD

Primary Care Sports Medicine, UB Concussion Management and Research Center

Heidi N. Suffoletto, MD, FACEP

Primary Care Sports Medicine, UB Concussion Management and Research Center









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