### EXPERTISE IS EVERYTHING FOR Shoulders

# We Are Leaders in Shoulder Care

The shoulder is hands down the most flexible joint in your body with an incredible range of motion that is used often, which leads to a higher incidence of injuries and issues. There are several conditions that can cause shoulder pain, including arthritis, fracture, rotator cuff, instability, dislocation and bursitis.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for shoulder conditions.

- Fracture care & surgery
- Instability surgery
- Labral repair/instability surgery
- Ligament reconstruction
- Physical therapy
- Rotator cuff repair
- Reverse & total shoulder arthroplasty

## Life Moves We make sure you do too

Many patients seek treatment for shoulder injuries, pain and general discomfort. Injuries to the shoulder can happen anywhere – at work, at home or on the field. We assess and properly treat all shoulder injuries – getting patients back to living an active lifestyle.

Shoulder injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming, weightlifting or pitching, or everyday activities like washing a car or stretching.

## Our staff specializes in the treatment of the following shoulder problems:



- Arthritis
- Bicep tendon tears
- Dislocation
- Fractures
- Impingement
- Inflammation
- Instability
- Osteoarthritis
- Rotator cuff injuries
- Tendonitis

### Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. They will tailor a treatment plan to meet your unique, specific needs. Give our team a call today and schedule an appointment.

#### **Our Expert Team**

#### **SURGICAL:**

Robert H. Ablove, MD Hand and Upper Extremity Surgery

Geoffrey A. Bernas, MD Sports Medicine, Knee, Shoulder, and Hip Arthroscopy

Matthew T. Binkley, MD Shoulder & Elbow Surgery, General Orthopaedics, Trauma Surgery

Leslie J. Bisson, MD Sports Medicine, Knee, and Shoulder Arthroscopy

Matthew J. DiPaola, MD Shoulder and Elbow Surgery, General Orthopaedics

Thomas R. Duquin, MD Shoulder & Elbow Surgery

Marc S. Fineberg, MD, FAAOS Sports Medicine, Knee, and Shoulder Arthroscopy

Joshua L. Jones, MD Hand and Upper Extremity Surgery

Michael A. Rauh, MD Sports Medicine, Knee, and Shoulder Arthroscopy

William M. Wind, Jr., MD, FAAOS Sports Medicine, Knee & Shoulder Arthroscopy

#### **NON-SURGICAL:**

Michael S. Freitas, MD, MSPT Primary Care Sports Medicine, UB Concussion Management Clinic

Jesse G. Fodero III, MD Primary Care Sports Medicine, UB Concussion Management Clinic

Rajiv K. Jain, MD Primary Care Sports Medicine, UB Concussion Management Clinic

Jorden T. Komm, MD Primary Care Sports Medicine

Robert J. Smolinski, MD Sports Medicine and Orthopaedics

Philip M. Stegemann, MD Shoulder Specialist and General Orthopaedics

Heidi N. Suffoletto, MD, FACEP Primary Care Sports Medicine, UB Concussion Management Clinic







Trusted Orthopaedic Care for Bones. Joint. Muscles. Concussions.