



# EXPERTISE IS EVERYTHING FOR | Shoulders

## We Are Leaders in Shoulder Care

The shoulder is hands down the most flexible joint in your body with an incredible range of motion that is used often, which leads to a higher incidence of injuries and issues. There are several conditions that can cause shoulder pain, including arthritis, fracture, rotator cuff, instability, dislocation and bursitis.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for shoulder conditions.

- Fracture care & surgery
- Instability surgery
- Labral repair/instability surgery
- Ligament reconstruction
- Physical therapy
- Rotator cuff repair
- Reverse & total shoulder arthroplasty

## Life Moves

### We make sure you do too

Many patients seek treatment for shoulder injuries, pain and general discomfort. Injuries to the shoulder can happen anywhere – at work, at home or on the field. We assess and properly treat all shoulder injuries – getting patients back to living an active lifestyle.

Shoulder injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming, weightlifting or pitching, or everyday activities like washing a car or stretching.

## Our staff specializes in the treatment of the following shoulder problems:



- Arthritis
- Bicep tendon tears
- Dislocation
- Fractures
- Impingement
- Inflammation
- Instability
- Osteoarthritis
- Rotator cuff injuries
- Tendonitis

