



## EXPERTISE IS EVERYTHING FOR | Elbows

### We are Leaders in Elbow Care

The elbow is a complex joint that helps move and position your hand. There are several conditions that can cause elbow pain including tendonitis, arthritis, fractures and instability. Our board-certified physicians are experts in both operative and non-operative treatments for elbow conditions to help you recover a full range of motion, reduce or eliminate pain and help you return to your normal activities.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for elbow conditions.

- Elbow arthroscopy
- Fracture care & surgery
- Instability surgery
- Ligament reconstruction
- Physical therapy

### Life Moves

#### We make sure you do too

Many patients are seeking treatment for elbow injuries, pain and general discomfort. Injuries to the elbow can happen anywhere – at work, at home or on the field. We assess and properly treat all elbow injuries – getting patients back to living an active lifestyle.

Elbow injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming or tennis or everyday activities like washing a car or gardening.

### Our staff specializes in the treatment of the following elbow problems:



- Arthritis
- Dislocation
- Fractures
- Impingement
- Inflammation
- Instability
- Osteoarthritis
- Tendonitis
- Tennis elbow

# Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. They will tailor a treatment specific plan to meet your unique needs - give our team a call today and schedule an appointment.

## Our Expert Team

### SURGICAL:

#### **Robert H. Ablove, MD**

Hand and Upper Extremity Surgery

#### **Geoffrey A. Bernas, MD**

Sports Medicine, Knee, Shoulder, and Hip Arthroscopy

#### **Leslie J. Bisson, MD**

Sports Medicine, Knee, and Shoulder Arthroscopy

#### **Matthew J. DiPaola, MD**

Shoulder and Elbow Surgery, General Orthopaedics

#### **Thomas R. Duquin, MD**

Shoulder Joint Replacement and Reconstruction

#### **Marc S. Fineberg, MD, FAAOS**

Sports Medicine, Knee, and Shoulder Arthroscopy

#### **Joshua L. Jones, MD**

Hand and Upper Extremity Surgery

#### **Michael A. Rauh, MD**

Sports Medicine, Knee, and Shoulder Arthroscopy

#### **William M. Wind, Jr., MD, FAAOS**

Sports Medicine, Knee & Shoulder Arthroscopy

### NON-SURGICAL:

#### **Michael S. Freitas, MD, MSPT**

Primary Care Sports Medicine, UB Concussion Management Clinic

#### **Jesse G. Fodero III, MD**

Primary Care Sports Medicine, UB Concussion Management Clinic

#### **Rajiv K. Jain, MD**

Primary Care Sports Medicine, UB Concussion Management Clinic

#### **Jorden T. Komm, MD**

Primary Care Sports Medicine

#### **Robert J. Smolinski, MD**

Sports Medicine and Orthopaedics

#### **Philip M. Stegemann, MD**

Shoulder Specialist and General Orthopaedics

#### **Heidi N. Suffoletto, MD, FACEP**

Primary Care Sports Medicine, UB Concussion Management Clinic

Team Doctors For:



**UB MD** ORTHOPAEDICS  
& SPORTS MEDICINE

**UB | ORTHOCARE**  
Urgent. Orthopaedic. Experts.

A MEMBER OF



**UB | MD**  
PHYSICIANS' GROUP

Trusted Orthopaedic Care for **Bones. Joint. Muscles. Concussions.**

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