



## EXPERTISE IS EVERYTHING FOR | Shoulders

### We are Leaders in Shoulder Care

The shoulder is hands down the most flexible joint in your body with an incredible range of motion that is used often - leading to higher incidence of injuries and issues. There are several conditions that can cause shoulder pain including arthritis, fracture, rotator cuff, instability, dislocation, and bursitis.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for shoulder conditions.

- Fracture care & surgery
- Instability surgery
- Labral repair/instability surgery
- Ligament reconstruction
- Physical therapy
- Rotator cuff repair
- Reverse & total shoulder arthroplasty

### Life Moves

#### We make sure you do too

Many patients are seeking treatment for shoulder injuries, pain and general discomfort. Injuries to the shoulder can happen anywhere – at work, at home or on the field. We assess and properly treat all shoulder injuries – getting patients back to living an active lifestyle.

Shoulder injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming, weightlifting or pitching or everyday activities like washing a car or stretching.

### Our staff specializes in the treatment of the following shoulder problems:



- Arthritis
- Bicep tendon tears
- Dislocation
- Fractures
- Impingement
- Inflammation
- Instability
- Osteoarthritis
- Rotator cuff injuries
- Tendonitis

# Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. They will tailor a treatment specific plan to meet your unique needs - give our team a call today and schedule an appointment.

## Our Expert Team

### SURGICAL:

**Robert H. Ablove, MD**

Hand and Upper Extremity Surgery

**Geoffrey A. Bernas, MD**

Sports Medicine, Knee, Shoulder, and Hip Arthroscopy

**Leslie J. Bisson, MD**

Sports Medicine, Knee, and Shoulder Arthroscopy

**Matthew J. DiPaola, MD**

Shoulder and Elbow Surgery, General Orthopaedics

**Thomas R. Duquin, MD**

Shoulder Joint Replacement and Reconstruction

**Marc S. Fineberg, MD, FAAOS**

Sports Medicine, Knee, and Shoulder Arthroscopy

**Joshua L. Jones, MD**

Hand and Upper Extremity Surgery

**Michael A. Rauh, MD**

Sports Medicine, Knee, and Shoulder Arthroscopy

**William M. Wind, Jr., MD, FAAOS**

Sports Medicine, Knee & Shoulder Arthroscopy

### NON-SURGICAL:

**Michael S. Freitas, MD, MSPT**

Primary Care Sports Medicine, UB Concussion Management Clinic

**Jesse G. Fodero III, MD**

Primary Care Sports Medicine, UB Concussion Management Clinic

**Rajiv K. Jain, MD**

Primary Care Sports Medicine, UB Concussion Management Clinic

**Jorden T. Komm, MD**

Primary Care Sports Medicine

**Robert J. Smolinski, MD**

Sports Medicine and Orthopaedics

**Philip M. Stegemann, MD**

Shoulder Specialist and General Orthopaedics

**Heidi N. Suffoletto, MD, FACEP**

Primary Care Sports Medicine, UB Concussion Management Clinic



**716.204.3200**  
**ubortho.com**



Trusted Orthopaedic Care for **Bones. Joint. Muscles. Concussions.**

Amherst | Buffalo | Depew | Niagara Falls | Orchard Park