

We are Leaders in Shoulder Care

The shoulder is hands down the most flexible joint in your body with an incredible range of motion that is used often - leading to higher incidence of injuries and issues. There are several conditions that can cause shoulder pain including arthritis, fracture, rotator cuff, instability, dislocation, and bursitis.

From simple procedures to complex injuries requiring surgery, the doctors at UBMD Orthopaedics & Sports Medicine offer a full range of treatment options for patients. Our board-certified physicians are experts in both operative and non-operative treatments for shoulder conditions.

- Fracture care & surgery
- Instability surgery
- Labral repair/instability surgery
- Ligament reconstruction
- Physical therapy
- Rotator cuff repair
- Reverse & total shoulder arthroplasty

Life Moves

We make sure you do too

Many patients are seeking treatment for shoulder injuries, pain and general discomfort. Injuries to the shoulder can happen anywhere – at work, at home or on the field. We assess and properly treat all shoulder injuries – getting patients back to living an active lifestyle.

Shoulder injuries are frequently caused by athletic activities that involve excessive, repetitive motion such as swimming, weightlifting or pitching or everyday activities like washing a car or stretching.

Our staff specializes in the treatment of the following shoulder problems:



- Arthritis
- Bicep tendon tears
- Dislocation
- Fractures
- Impingement
- Inflammation
- Instability
- Osteoarthritis
- Rotator cuff injuries
- Tendonitis

Trust the doctors who teach the doctors of tomorrow.

Our doctors are also professors at the University at Buffalo, training orthopaedic surgeons of the future and conducting cutting-edge research that translates into new medical devices, treatment and care. They will tailor a treatment specific plan to meet your unique needs - give our team a call today and schedule an appointment.

Our Expert Team

SURGICAL:

Robert H. Ablove, MD

Hand and Upper Extremity Surgery

Geoffrey A. Bernas, MD

Sports Medicine, Knee, Shoulder, and Hip Arthroscopy

Leslie J. Bisson, MD

Sports Medicine, Knee, and Shoulder Arthroscopy

Matthew J. DiPaola, MD

Shoulder and Elbow Surgery, General Orthopaedics

Thomas R. Duguin, MD

Shoulder Joint Replacement and Reconstruction

Marc S. Fineberg, MD, FAAOS

Sports Medicine, Knee, and Shoulder Arthroscopy

Joshua L. Jones, MD

Hand and Upper Extremity Surgery

Michael A. Rauh, MD

Sports Medicine, Knee, and Shoulder Arthroscopy

William M. Wind, Jr., MD, FAAOS

Sports Medicine, Knee & Shoulder Arthroscopy

NON-SURGICAL:

Michael S. Freitas, MD, MSPT

Primary Care Sports Medicine, UB Concussion Management Clinic

Jesse G. Fodero III, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Rajiv K. Jain, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Jorden T. Komm, MD

Primary Care Sports Medicine

Robert J. Smolinski, MD

Sports Medicine and Orthopaedics

Philip M. Stegemann, MD

Shoulder Specialist and General Orthopaedics

Heidi N. Suffoletto, MD, FACEP

Primary Care Sports Medicine, UB Concussion Management Clinic







