



## EXPERTISE IS EVERYTHING FOR | Knees

### We are Leaders in Knee Care

Your knee is the largest joint in your body making it one of the most complex. Because your knees get so much use, they are vulnerable to injury. And since they are made up of so many parts, a number of things can go wrong.

At UBMD Ortho, our staff specializes in the treatment of the following knee problems:

- Cartilage defects
- Ligament injuries
- Meniscal tears
- Osteoarthritis

### Get Back in Motion

If you've experienced pain, swelling or the feeling that your knee is giving way, you should visit **UBMD Orthopaedics & Sports Medicine**. Knee injuries, whether sudden or the result of years of wear, can be repaired multiple ways. Our goal is always to regain motion and stability.

### Full Range of Services and Treatment Options

Many times, relieving pain and discomfort can be solved by surgery, exercise, training or simple therapy. The **UBMD Ortho experts** have mastered techniques used to repair knee injuries and treat arthritic joints.

#### Non-surgical Treatments:

- Anti-inflammatory medications
- Dietary supplements
- Exercise programs
- Physical therapy
- Platelet rich plasma therapy (PRP)
- Steroid injections
- Viscosupplementation injections
- Weight loss programs

#### Surgical Treatments:

- ACL reconstruction
- Arthroscopy
- Autologous chondrocyte implantation
- Joint replacement
- Meniscal surgery
- Osteoarticular auto/allograft (OATS/Mosaicplasty)
- Osteotomy
- Patellar instability surgery



**UB|MD** ORTHOPAEDICS  
& SPORTS MEDICINE

Trust the doctors who teach the doctors of tomorrow.

## Our Expert Team

## SURGICAL:

Mark. J Anders, MD

Trauma Surgery, Joint Replacement & Reconstruction,  
General Orthopaedics

Geoffrey A. Bernas, MD

Sports Medicine, Knee, Shoulder &amp; Hip Arthroscopy

Leslie J. Bisson, MD

Sports Medicine, Knee &amp; Shoulder Arthroscopy

K. Keeley Boyle, MD

## Lower Extremity Joint Replacement and Reconstruction

Evgeny A Dyskin, MD, PhD

Trauma Surgery, Joint Replacement & Reconstruction,  
General Orthopaedics

Joseph B. Kuechle, MD, PhD

Orthopaedic Oncology, Lower Extremity Joint Replacement & Reconstruction, Trauma Surgery

Christopher E. Mutty, MD

Trauma Surgery, Lower Extremity Joint Replacement & Reconstruction

Scott R. Nodzo, MD, FAAOS

## Lower Extremity Joint Replacement & Reconstruction

Matthew J. Phillips, MD

## Lower Extremity Joint Replacement & Reconstruction

Sridhar, R. Rahala, MD

## Lower Extremity Joint Replacement & Reconstruction

Michael A. Rauh, MD

Sports Medicine, Knee &amp; Shoulder Arthroscopy

William M. Wind, Jr., MD

Sports Medicine, Knee &amp; Shoulder Arthroscopy

## NON-SURGICAL:

Michael S. Freitas, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Jesse G. Fodero, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Rajiv K. Jain, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Jorden T. Komm, MD

Primary Care Sports Medicine, UB Concussion Management Clinic

Heidi N. Suffoletto, MD, FACEP

Primary Care Sports Medicine, UB Concussion Management Clinic

## Team Doctors For:



**UB|MD** ORTHOPAEDICS  
& SPORTS MEDICINE

**716.204.3200**  
**ubortho.com**

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PHYSICIANS' GROUP

Trusted Orthopaedic Care for **Bones. Joint. Muscles. Concussions.**

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