

FREQUENTLY ASKED QUESTIONS

Q: When will I have my pre testing completed?

A: If your surgery is taking place at Buffalo General Hospital you will receive a surgical letter from our office approximately one month before surgery. This letter will have the day and time of your pre testing appointment. Please note this is set by Buffalo General, any changes to that date will have to be facilitated by Buffalo General

If your surgery is taking place at the Southtown's Surgery Center you will receive a call from the surgery center approximately one month before surgery to arrange a pre testing date. You will also receive a surgical letter approximately one month before surgery from our office.

Q: Can I continue to exercise and work before surgery?

A: Yes, you can continue to exercise, and play sports until your surgery to your level of comfort. Yes, you can work until your surgery.

Q: How long will I be out of work?

A: This varies by person and how physical your job is. You may return when you feel you can complete your job safely (approx. 1-3 months).

Q: Disability forms, where do I get these and how do I get them filled out?

A: You will receive all disability forms from your employer or disability carrier. We recommend speaking with your HR department on how to obtain them. You can drop your disability forms off at our office or fax them to us at 716-204-3294. These forms will be completed the day of surgery unless otherwise stated.

Q: What time is my surgery?

A: You will be notified of your arrival time and surgery time the Friday before surgery.

Q: When can I drive?

A: We recommend no driving until after your first post operative appointment with our office, you are no longer taking any pain medications and you feel comfortable.

Q: What assistive devices will I need?

A: You will be given a walker before you leave the hospital or surgery center. If you are having a total hip replacement you will receive a script for a raised toilet seat. If you feel you need a cane, or shower chair, please contact our office at 716-204-3217 and we can mail scripts to your home or fax to the surgical supply store closest to you.

Q: How long do I need to wear the compression stockings?

A: We recommend you continue to wear your compression stockings until you no longer have any swelling. You will receive the compression stockings at the hospital or surgery center.

Q: Can I shower after my surgical dressing has been removed?

A: Yes, as long as you keep the incision area dry.

Q: Why am I receiving emails asking me to fill out forms in OBERD?

A: OBERD is a system we use to send our patients update forms that help evaluate pain, function, and recovery throughout their progress here as a patient. We will send you a link to complete these forms via email – there is nothing to print, download, or save. Simply click the link in the email and answer a series of multiple-choice questions about your current abilities. You may also sign up to receive these links via text message. Please stop by reception to sign up the next time you are in the office if you are interested. We will send you these forms pre-operatively to establish a baseline, four times in your first year post-op, and then at 3, 5, and 10 years post-op.

Q: How do I access the patient portal?

A: You will be given a portal activation code on your summary of today's visit. Go to our website www.ubortho.com at the top right of the patient screen you will see "patient portal". You will select activate account to create your username and password. The activation code will be entered at the bottom of the page. Please enter your name exactly as it appears on today's visit summary. You can use your patient portal to request medication refills, appointments and ask any questions you may have. If you are having any difficulty setting this up, please call our office at 716-204-3217 and we can walk you through it.

